

TO SAN FRANCISCO.

THE INTERNATIONAL COUNCIL OF NURSES' TRAIN.

Co-operation is the order of the day, and by co-operation between the National Associations of Nurses federated in the International Council of Nurses, our International Executive and Hon. Secretary, Miss L. L. Dock, have been able to make most advantageous arrangements with the Frank Tourist Company for us to attend the International Council Meeting and Nursing Congress and Exhibition at San Francisco in May and June, 1915. A year ahead may seem plenty of time to think about this tour, but those who have arrangements in hand know that time must be taken by the forelock if we are to get the best for our money. Miss Dock thinks now is the time if possible to make up our minds if we intend to avail ourselves of the international tour. It is thought wisest that all Europeans shall arrive at New York as they find most convenient—that is, by what steamers they choose, but later the British Council will put forward plans. In New York the delegates will be welcomed, and the International Council of Nurses' train will leave that city not later than May 20th, so as to arrive at San Francisco by the Southern route on Sunday, May 30th, a trip of eleven days. A week's stay at San Francisco is suggested, and then the return tour of nine days by the Northern route. It is probable that the delegates will wish to stay a few days longer at San Francisco, to enjoy the Exposition after the Congress is over, especially as it is proposed to entertain them, and no doubt this will be arranged. We may take it therefore that, leaving New York on May 20th, the round trip will bring the delegates back there by June 17th. The cost is estimated at 219 dollars, about £45, to which must be added steamer to and from New York, and food at San Francisco. If ten instead of seven days are spent there, it will cost a few extra pounds. Comfortable steamer accommodation can be got for £25 return, so that if £80 is calculated as the cost of trip, it can be done for that—of course, with care.

The following is what you may enjoy as an affiliated member of the International group, through the National Council of Trained Nurses of Great Britain and Ireland, and we would remind our readers that every member of every Society and League which forms the National Council may avail herself of this

splendid opportunity of seeing the United States at a very reasonable cost.

THE CALIFORNIAN TOUR.

Thursday, May 20th.—Leave New York 8 a.m. Arrive Baltimore 12 noon. Luncheon provided. Opportunity to visit the Johns Hopkins Hospital. Leave Baltimore 6 p.m. Arrive Washington 7 p.m. Accommodation provided at the Hotel Metropolitan, American plan, commencing with evening dinner.

Friday, 21st.—At Washington. Trip will be provided to Mt. Vernon, the home and burial place of Washington, which consumes about three hours. The balance of the day may be spent in visiting the Capitol, Congressional Library, White House, Smithsonian Institute, Corcoran Art Gallery, Bureau of Printing and Engraving, Treasury, Army & Navy Buildings, &c.

Saturday, 22nd.—Leave Washington 4.5 p.m. Pullman tourist cars provided from Washington to San Francisco. Dinner provided en route. Soon after leaving Washington the train plunges into the Alleghany mountains, through a country full of history; many of the battles of the Civil War being fought here. The scenery is equal to any in the United States.

Sunday, 23rd.—Breakfast, lunch and dinner provided en route. Stop at Cincinnati from 8 a.m. until 12 noon and at St. Louis from 8.15 to 11 p.m.

Monday, 24th.—Breakfast, lunch and dinner provided en route. Stop of about fifteen minutes is made at Kansas City, 9 a.m., and the balance of the day's run is through the great grain fields of Kansas.

Tuesday, 25th.—Breakfast, lunch and dinner provided en route. The day's run is through New Mexico, stopping at Albuquerque to inspect the Indian and Mexican relics and handiwork, displayed at the Hotel Alvarado.

Wednesday, 26th.—Arrive Grand Canyon about 8 a.m. Meals provided at the Bright Angel Camp. The Grand Canyon is a gorge, 217 miles long, 13 miles wide and one mile deep, through which flows a great river with many storm-born tributaries. Fifty yards from the Bright Angel Camp is an exact reproduction of the curious stone adobe dwellings of the Hopi Indians, together with several Navaho hogans. In the Hopi House, live a small band of Hopis, without exception the most primitive Indians in the country. Their ceremonies are hundreds of years old, the most famous being that of the snake dance, which they perform almost every night.

Thursday, 27th.—Leave Grand Canyon 8.55 a.m. Lunch and dinner provided en route. The day's run is through Arizona.

Friday, 28th.—Arrive Los Angeles, 7.30 a.m. Meals provided at the Hotel Lankershim. The Balloon Route trip will be provided, through beautiful Hollywood, the Oil Fields, Caluenga Valley and the lemon and walnut groves, Soldier's Home, Santa Monica, the Camera Obscura, Ocean Park, Venice, including free ride on Scenic

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